HOLY CROSS SWIMMING PROGRAM 2015

Dear Parents,

RE: SCHOOL SWIMMING PROGRAM AND EXCLUSION POLICY

As a component of our Holy Cross sports and physical activity program all classes from Year 3 to Year 6 will take part in a swimming program during Term 1 and Preps to Yr 2 will be involved in Term 4. Our program is conducted at Wooloowin State School under the direction of qualified coach and PE teacher, Duane Cannell.

Swimming lessons will be conducted every Thursday throughout these Terms. The children in Yrs 3-6 will take part in stroke correction, water polo and lifesaving skills. The children in Prep – Yr 2 will be involved in stroke correction and prepare for the Junior Swimming Carnival held in Term 4.

During lessons, the children will be divided into ability groupings and the program will be tailored to suit their group’s needs. Please note that these lessons do not replace ‘Learn to Swim’ classes. We could not hope to teach your child to swim in such groupings and in such a short space of time. ‘Learn to Swim’ is a parent’s responsibility outside of school hours.

Children will need to bring each swimming day:

- Swim cap (compulsory for all swimmers – no cap = no swim)
- Togs
- Towel
- Sun-shirt
- Thongs or similar easy-to-remove footwear.
- Sunscreen

The children will get changed into their swim wear at school, travel by bus to Wooloowin State School, swim and then return to school to get changed back into their uniform.

It is our expectation that all children take part in all educational activities of the school. As such, all children are expected to attend the swimming program. If for some reason your child cannot take part in the swim program on a particular day then a note needs to be sent to the class teacher or to the swim coach, Duane Cannell.

In the interests of ‘best practice’ Health & Safety all parents need to be aware of our School’s Swimming Exclusion Policy. Children who are physically unwell or show any symptoms of the following conditions will not be able to enter the water. (With most of these conditions, children shouldn’t be at school until the symptoms have improved).
These conditions include:

- Conjunctivitis
- Diarrhoea
- Infected open sores and cuts
- Cold Sores
- School Sores
- Influenza
- Ringworm
- Whooping Cough

If there are any questions re the Swim Program or the Exclusion Policy, please don’t hesitate to see Mr Cannell.