Dear Parents, Carers and Friends of Holy Cross

On Tuesday our Preps and Year 1 students participated in Mini Olympics. There was a real Olympic Spirit about the morning with all students fully engaged in doing their best and demonstrating the skills that they had practised in PE lessons with Mr Cannel. Many parents also attended which added to the Olympic fever! It was a wonderful morning. I would like to thank staff for this, another opportunity offered by them to our students and families. Many parents commented that staff had gone the extra mile to make the morning a truly joyful experience.

Today Year 7 W celebrated their Class Mass and Year 2/3 gathered for a Class Prayer Service. Each class from Year 4 – 7 will gather for a Class Mass this term and Years Prep to 3 will gather for a Class Prayer Service. Parents are very welcome to attend these celebrations which form an important part for the Religious Life of the School. Dates and Times are published in the calendar on the front page of the newsletter.

On Wednesday we celebrated the Feast of the Assumption of Mary the Mother of Jesus. The feast emphasises the role of Mary in the events of our redemption. Her willingness to discern and do the will of God results in salvation through Christ. On Wednesday we honoured Mary in the Mass of the Day praying that we could follow her example of faith and commitment.

Today our Junior and Senior Choirs will compete in the Catholic Schools Music Festival. Another opportunity for our young people to experience what it is like to perform in the public arena. We wish them well. My thanks to Mrs Farne – Sang for her work (often given from her own time) with our choirs.

I am disappointed to announce that our School Band has withdrawn from Sunday’s competition due to several students giving notice at the FINAL PRACTICE that they will not be participating. I am surprised by the late notification considering that all Band members were notified of our involvement well in advance. I would hope that, at Holy Cross, young people are supported to understand their commitment to others in the groups and teams that make up a community. Late notice of non-participation has let other band members down. Commitment to performances is one way of responding in gratitude to the opportunity offered to students by the hard work of many in our school community including staff, parents and the Parents and Friends Association. My continued thanks to Ms Chelsea McNelliey, Mrs Kathryn Lyons, Mrs Maria Crawford and Mr and Mrs Allison and Jason Boyd for their continued support to co-ordinate and organise our School Band.

The next performance of the School Band will be on November 11 at a Musical Evening from 4:30pm to 6:30pm

Paul Drewniak
Principal
A.P.R.E.'s Report

My younger son, Peter, had dinner with us last night and even though he is twenty-three, it is not difficult to remember the little boy he was! One of the memories that often springs to mind is of bedtimes and the discovery of Meditation to calm my two boys for sleep! Before we began the quiet reflection each night, we used to go to the ‘worry tree’ and leave all our cares and concerns on that tree. Their cares were small, but nonetheless very real to them!

I was reminded of a story I had heard.

There was a man who had had a particularly bad day; the final insult being when his car broke down and he needed to rely on a work mate to drive him home. Obviously, he was not in the best frame of mind as they drove home, in fact, he was quite grumpy!

When they arrived home, the man grudgingly invited his mate in for a coffee. However, as he walked through the front gate, he went over to the small tree that was standing nearby and he simply touched it. Almost immediately, his mood changed. By the time he walked into his house, he was pleasant to his wife and children and cordial to his friend. Puzzled, his friend asked what had helped to calm him down.

The man told his friend the purpose of the tree at the gate. He called it his ‘Trouble Tree’. “The troubles I have at work do not belong in our home with my family, so I hang them on the tree every night when I come home and I ask God to take care of them. The funny thing,” said the man, is that when I come in the morning to pick them up, they are not nearly as many as I remember hanging there the night before.

How true!

God is with us!

Patty McCourt

Happy Birthday!

The school community wishes the students who celebrate their birthday this week many happy returns:
COOPER CAMERON, SOFIA LUONGO, HAYDEN MALONE, LOUIS O’CALLAGHAN, SOPHIE NORTH & DANIEL EGAN

TUCKSHOP

Helpers for Wednesday 22nd August are:
Tuck-shop: Maddie Barbour, Britt Pradella, Deb Birthsel, Cathy Bennett, & Sylvia Livolsi (til 10.30)

Home bake: Toni Williamson, Kylie Brain, Deb Birthsel, Kathryn Lyons, Jude Noone, Jodie Woodward & Angela Salanitri

Volunteers are still needed for this Wednesday 22 August, 29 August, 5 & 19 September

Please note our NUT FREE POLICY when preparing Homebake items. Thank you

Pastoral Care Corner

Dear Parents

Children’s behaviour is always aimed at something. This may sound like a devious plot, but it’s just human nature. The Austrian psychologist Alfred Adler calls this “purposeful behaviour”. That is, children, like adults, repeat the behaviours that get a response and discard those that don’t work. Adler advised parents not to ask why a child behaves or misbehaves in a certain way but to ask, “What’s the purpose of a child’s behaviour?” The purpose is usually tied up in your response.

So the purpose of a child’s whining may be to get a parent to give in; similarly, tantrums are a form of emotional blackmail aimed at getting parents to give in. There’s a simple test you can apply to check the notion of purposeful behaviour. If your child always whines at you, but he doesn’t whine to his or her teacher then it’s a fair chance that the whining is aimed at breaking your resistance. Most misbehaviours fit one of four broad purposes –

1. to get attention or be noticed;
2. to show power or regain control;
3. to hurt you or make you feel guilty;
4. to make you give up or lower your expectations of children.

We all have “hot buttons” that children will press to make us feel guilty or to get a little control back.

One child was expert at making her mother feel guilty – because guilt was quite a hot button for her.

The girl would only have to say “but you don’t really love me….” to her mother second-guessing a decision she made.

Sometimes our “hot buttons” will reflect long held views about parenting, and we simply over react when children misbehave. Some parents have strong views about parenting and will over react when even the mildest of words is uttered by a child. These types of hot buttons can make family-life hard work as everyone tends to walk on eggshells to avoid pressing hot buttons. Here are some ideas to help you respond when your children “press your hot buttons”:

1. Recognise what gets you upset or gets a response that children want. “Hot buttons” always get a strong emotional response, including annoyance, anger and feelings of hurt.
2. Avoid the first impulsive reaction when children misbehave. As a great deal of children’s behaviour is purposeful don’t react impulsively when they behave poorly. Stop and think what may be going on. Think, “Is this behaviour for my benefit?”
3. Respond differently. If the behaviour is for your benefit, try something different. Perhaps take the wind from the sails of a child who squeezes your guilt gland. Respond to “You don’t love me” with “You know you could well be right” Alternatively, smile and give a child a kiss saying “I do love you though” and show that the comments have no impact.
4. Get a reality check. Sometimes we over react to children or have extreme views that children will take advantage of, or that make family life hard work. Check with a partner or a friend to see if your views are healthy. If a child continually presses your “hot buttons”, then recognise that you may not be able to change your child, but at least you can alter your response to their button-pressing.

Happy “no-button pressing”!

God bless
Sr Anne.

WOOLWORTHS STICKERS

Many, many thanks from all at Holy Rosary for the many Woolworths cards and stickers that came in. If you have any last ones at home, please send them in as soon as possible. We will let you know what we purchase with our points. I couldn’t thank you all individually as there were so many of you, but if your family would like a “thank you” certificate, just ask at the Office. Holy Rosary are still collecting Pauls’ caps and, of course, Holy Cross is still collecting Coles vouchers.
COLES VOUCHERS 2012
Closing 14 Aug
The Coles Sports for Schools Promotion is ending. Coles has stopped giving out Sports for Schools Vouchers on 14 August. Therefore please bring in all of your vouchers so we can exchange them for Sports Equipment for Holy Cross!

If there are any Online Shoppers out there you will need to note Holy Cross School ID 44062 to direct your "online" vouchers to Holy Cross.

The Coles collection box will remain in the office for the short term to collect any remaining vouchers you might have.

Thank you on behalf of Holy Cross P&F Association.

Brisbane Catholic Education has advised schools that they can no longer send school fee accounts or financial information home with students. Accounts must be emailed or posted to parents.

The school’s preferred method is to email the accounts.

Thank you

BUDGIES FOR SALE
$10 EACH
Please contact Mrs McKee in the office for more information.

Sign-On-Wilton North’s Junior Cricket
Saturday - 18 & 25 August from 11.00am to 1.00pm
North’s Cricket Club, Shaw Road Kalinga
Sunday - 19 & 26 August from 1.00pm to 4.00pm
Wilton State School
Contact: Glyn Netto - Secretary on 3356 2693

HOLY CROSS O.S.H.C VACATION
CARE FORMS ARE ATTACHED TO THIS WEEKS NEWSLETTER. PLEASE RETURN TO RHONDA WOOD AS SOON AS POSSIBLE.

Appreciation Award
Presented for
COLLECTING WOOLWORTHS
STICKERS FOR OUR SCHOOL
One in Christ

Holy Rosary School
School Pastoral Worker
Date: August 12, 2012

PYJAMA DAY- 21 AUGUST
DON’T FORGET TO WEAR YOUR PYJAMAS THIS TUESDAY AND BRING A GOLD COIN. PROCEEDS FOR THE DAY WILL GO TO THE PYJAMA FOUNDATION.

BOOK SWAP – 22 AUGUST
BOOK SWAP WILL BE THIS WEDNESDAY. GOLD COIN DONATION FOR INDIGENOUS LITERACY FOUNDATION. MORE INFORMATION WILL GO HOME WITH STUDENTS ON MONDAY.

SCHOOL PHOTOGRAPHS
ENVELOPES WILL BE GOING HOME EARLY NEXT WEEK FOR SCHOOL PHOTOGRAPHS TO BE TAKEN ON THURSDAY 6TH SEPTEMBER.
The theme of this year’s CBC Book Week is “Champions Read”. Here at Holy Cross we are going to apply this theme to our week’s festivities by using the less common definition of Champion. The Macquarie dictionary gives three definitions of the word “Champion” but we are going to focus on the following:

n. 2. someone who fights for defends any person or cause
and
v.t. 3. to act as champion of; defend; support. (1985: Macquarie Library, Sydney)

The cause we are going to champion is literacy for all children.

Here at Holy Cross the students’ literacy learning is well supported and all children have books in their homes and access to our great library however not all children are as fortunate. Illiteracy is world-wide problem but we are going to champion the fight against illiteracy here in Brisbane and in indigenous communities throughout Australia.

Low levels of literacy affect academic outcomes, employment prospects, access to information about health and safety, self-esteem and general participation in society.

On Tuesday August 21 we will have a pyjama day. Children and staff will come to school in their pyjamas (closed in shoes and school hat must also be worn) and will make a Gold Coin donation to the Pyjama Foundation for the privilege of not having to get dressed in the morning and being comfy all day.

The Pyjama Foundation supports Pyjamas Angels who are people who visit children who are in Foster care in their Foster homes and spend quality one-on-one time reading and playing literacy games. The children who benefit from this are children who have been removed from their families for their own safety and have a very high rate of literacy problems. The Foster parents often care for a number of foster children along with their own families and are appreciative of the help in supporting the childrens’ progress at school and general well-being.

On Wednesday August 22 we will have a “Book Swap”. This entails each child bringing along a book they have enjoyed (and can part with – that’s the tricky bit!!) placing it on a table and swapping it with a book that has been brought in by another child. The only cost involved is a Gold Coin Donation to the Indigenous Literacy Foundation.
Bookplates will be provided before the event so that the children can write why they like the book they are swapping. We will also have a swap table for parents and staff in the downstairs corridor for the day. More information about this event will be forwarded next week, however as I have a major book hoarding problem I need to start preparing myself to part with a book now.
On Thursday August 23 will have our enormously popular dress up parade. All children are invited to come dressed as their favourite book character.
Please refer to the table below to see all the events taking place in Book Week.

“CHAMPIONS READ”

<table>
<thead>
<tr>
<th>Date</th>
<th>Time</th>
<th>Location</th>
<th>Event</th>
<th>Classes Involved</th>
<th>Requirements</th>
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</thead>
<tbody>
<tr>
<td>Thursday</td>
<td>1:45 pm</td>
<td>Pavilion</td>
<td>Musical “And The Winner Is…”</td>
<td>Yrs P - 7</td>
<td>nil</td>
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<tr>
<td>August 16</td>
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<tr>
<td>Tuesday</td>
<td>All Day</td>
<td></td>
<td>Pyjama Day</td>
<td>Yrs P - 7</td>
<td>• Pyjamas</td>
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<tr>
<td>August 21</td>
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<td></td>
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<td>• Closed in shoes</td>
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<td></td>
<td>• School Hat</td>
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<td></td>
<td></td>
<td></td>
<td>• Gold Coin Donation for Pyjama Foundation</td>
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<tr>
<td>Tuesday</td>
<td>9:15 am</td>
<td>Green Rug</td>
<td>Rug Reading</td>
<td>Yrs P, 1, 2 &amp; 7</td>
<td>Book, rug and props for Yr 7s only</td>
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<tr>
<td>August 21</td>
<td>11:30 –</td>
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<td>12:30</td>
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<tr>
<td>Wednesday</td>
<td>8:40</td>
<td>Pavilion</td>
<td>Assembly</td>
<td>Yr 6 Parents</td>
<td>Books for adults involved</td>
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<tr>
<td>August 22</td>
<td></td>
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<td></td>
<td>Welcome</td>
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<td></td>
<td>Throughout</td>
<td>Library</td>
<td>Book Swap</td>
<td>Yrs P-7</td>
<td>• Book to swap</td>
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<tr>
<td></td>
<td>day</td>
<td>(for students)</td>
<td></td>
<td>2 year levels will swap together, Prep and 1, 2 and 3, 4 and 5, 6 and 7</td>
<td>• Gold coin donation for Indigenous Literacy Foundation</td>
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<td></td>
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<td>Downstairs corridor (for parents and staff.)</td>
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<tr>
<td>Thursday</td>
<td>9am</td>
<td>Pavilion</td>
<td>Book Character Parade</td>
<td>Yrs P – 7</td>
<td>Costume (favourite book character)</td>
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<tr>
<td>August 23</td>
<td></td>
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<td></td>
<td>Parents Welcome</td>
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For more information on the organisations we will be supporting please visit:

www.thepyjamafoundation.com

www.indigenousliteracyfoundation.org.au/
CALLING ALL ‘TUCKSHOP ANGELS’

Hi Everyone. If you’re like me, the end of the term has crept up very quickly. Again I’m looking for volunteers in Term 4, 2012. Remember Dads, Carers and Grandparents are also very welcome to assist in the Tuckshop.

If you can support the Tuckshop, please fill in the form below or email me by Wednesday 19 September with your preferred dates to assist with Homebake &/or Tuckshop (please note if you need to leave early). I’ve also had some Mum’s say “just put me down” so I have rostered those Mum’s already.

Also we are giving the Dad’s a day to man the tuckshop. We’ve had a few requests from the kids for the Dad’s to take over for the day so here’s your opportunity – 31 October!!

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VOLUNTEERING FOR TUCKSHOP / HOMEBAKE

Name: ___________________________________  Phone: ___________________________________

Email: _________________________________  Child’s/Children’s Class: ______________________

Please tick your requested dates & if it’s Tuckshop or Homebake:

<table>
<thead>
<tr>
<th>Date</th>
<th>Tuckshop</th>
<th>Homebake</th>
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<tbody>
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<td>10 Oct</td>
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<td>24 Oct</td>
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<tr>
<td>31 Oct</td>
<td>Dads</td>
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Please return by Wednesday 19 Sept

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31 OCT - DAD’S day in the tuckshop

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REMINDER – ATHLETICS LUNCH PACK

Yr 2-7 Athletics Carnival Lunch Pack

Friday, August 24, 2012

Please return form that was sent home earlier this week, to school office with correct money, by Tuesday 21 August.