Dear Parents, Carers and Friends of Holy Cross

This week our School board met on Tuesday making further progress on our School Strategic Renewal Plan and our P&F met on Wednesday. Thanks to the wonderful fund-raising efforts to date the meeting approved $22,000 for school spending in IT. Sadly, our Tuckshop is in a critical situation where it is supported by just 18 volunteer workers from 184 families to keep it operating. Below is a letter to the community from the P&F which has the full support of the school.

OUR TUCKSHOP NEEDS YOU!!

HCS has been privileged to have a Tuckshop running since late 2007, thanks to a special band of mothers: Kath Lyons and Nicole Thorpe who organized the grant application for its inception and got the project up and running, the first two lovely mums who volunteered to co-convene it. Leah Edwards and Natalie Pelusi, and the many dedicated parents who, over the years since then, have volunteered their time and skills to prepare food, serve and bake delicious treats for our children. Lisa Mackay and then Mary Therese Brady took Tuckshop through a period of transition. For many volunteers, the Tuckshop has been a wonderful way to meet others and to feel a part of our wonderful school community. We have continued with our good fortune having Sharlene Hamblin retain this tradition with her expertise in the role of Convener. The P&F, along with our children who have enjoyed this privilege, have been indebted to these many volunteers over the last five years.

We would be disappointed to see our Tuckshop close but there is currently a critical undersupply of volunteers for service. It is unfair to expect the same core group of parents and one grandparent who repeatedly front up to the Tuckshop, sometimes weekly and often fortnightly on a Wednesday to keep it open. Some of these parents juggle the roster around their full time shift work while others take hours/day off their own work to staff the roster; many of these dedicated parents also assist at school and with many other P&F initiatives.

There have been numerous calls for help over recent weeks with little response from new volunteers. There are 60 shifts to be filled per term with only 18 people, out of the 184 families within our school, currently offering their time and assistance. Sharlene is desperately seeking your help. We are reluctant to close the Tuckshop, especially since at least 90% of our families rely on this facility on a weekly basis.

We would love our weekly Tuckshop service to continue but we rely completely on volunteers for it to operate. We welcome everyone to be involved: mums, dads and grandparents! Please volunteer for the Tuckshop roster for the remainder of Semester Two. More hands definitely make light work and we are ideally hoping for enough volunteers so that parents may only be asked to assist once or twice a term with Tuckshop service. Our kids really do look forward to it; come see the excitement first hand!!

We would like to take this opportunity to thank the many parents who donate home baked items for our children; it has continued to be one of the most popular choices of our children. Lisa Mackay and then Mary Therese Brady took Tuckshop through a period of transition. For many volunteers, the Tuckshop has been a wonderful way to meet others and to feel a part of our wonderful school community. We have continued with our good fortune having Sharlene Hamblin retain this tradition with her expertise in the role of Convener. The P&F, along with our children who have enjoyed this privilege, have been indebted to these many volunteers over the last five years.

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We would like to take this opportunity to thank the many parents who donate home baked items for our children; it has continued to be one of the most popular choices of our children. We have ample volunteers on the Homebake roster for which we are grateful.

If 5 volunteers are not rostered by close of business each Friday there will be notification on Monday that the Tuckshop is closed that Wednesday.

Please contact Sharlene Hamblin on 0401 665 318 or holycrostuckshop@hotmail.com ASAP to offer your assistance; half day options available or any hours you can offer between 7.30am-2.30pm would be greatly appreciated!

P&F Association

If your child is sick, please keep them home to avoid infecting others in the school community.

Paul Drewniak
Principal
A.P.R.E.’s Report

“Who am I to change the world?” Each of us has asked that question of ourselves at some stage. But if we reflect on the young people in our care, and think about our privileged role in their lives, it is not difficult to realize the ‘power’ we have. We have the power to lead them to a world beyond themselves, where they can meet up with a God who is the One who is absolutely faithful and understanding! We have the power to uplift and to create, and when we are red-hot, the intensity to inspire! With just one look at our children, we can let them know that everything is well with the world and that they have a perfect right to aim for the very top of it all. We have the power to lead them to places they did not know existed, to build them back up when society tears them down, to push them higher than we will ever reach, and to guide them gently, but assuredly, into the unknown, painting for them in broad brush strokes a future we can never hope to see. Empowering them is of the essence, for if we as adults feel sometimes powerless and small, how insignificant must they sometimes feel! And even on a down day, when we’re feeling vulnerable and unimportant, we need to remember that it takes only one person – just one person – to make a difference in a child’s life. What power we have! Be assured that God is with us!

Patty McCourt

I would like to continue the practice of Parent Prayer on Friday afternoons, starting next week, August 10, when a group of us meet and in a simple, non-threatening way, share time together with our God and with one another. There are no discussions, no sharing unless you wish, but there is a respect for where each of us is on our journey and a realization that we are there for one another. We meet at 2.20pm just before you would be picking up your children in the downstairs room of the new building. I would love you join with us when you are able.

Pastoral Care Corner

Dear Parents

If you have seen even my stick figures, you will know that I am not into art! Yet, this article by Joan Chittister, writer and psychologist, impressed me. She is talking about self-discipline. “Degas was called an “impressionist” by the artistic community—a painter who does not set out to replicate reality, instead, creates an emotional impact by what the scene evokes in the soul of the viewer. They set out to take us into the meaning of a scene rather than a precisely designed photographic rendering of a scene. And yet, Degas rejects the label “impressionist” and calls himself always a “realist,” an artist who shows us life as it is. Degas shows us life as it is internally—as it is in the souls of the subject—rather than as it is externally in all the details of the scene. The point is an interesting one. In each of us it is how life affects us that counts. It is how we prepare ourselves to live life that counts. It is the concentration, the discipline, the commitment, the skill and sense of human community we bring to life that really count. That constitutes reality at its rawest, at its most meaningful. Anything else is not life lived to the hilt. A life well lived, deeply drunk, totally tasted, is a life formed slowly, painfully even, to the point of the fullness of the self. It is a life that demands our total attention, our complete commitment, our willingness to stay at something until we become the very best that we can be. It is life as a spiritual discipline rather than simply an exercise in breathing. It is a lesson worth considering if life is to have any kind of substance at all.” Her article may require a bit of thought, but it is ‘thought’ worth having, I believe. As we listen to the ‘tragedy’ and ‘failure’ and ‘blame’ stories of the Olympics, we can lose sight of the great achievements and effort and commitment that athletes and coaches have put into just being selected to be there. Let’s make sure our children understand that life is worth living “to the hilt”, but that doesn’t always equate to gold medal performances. God bless

Sr Anne.

MINI VINNIES WINTER COLLECTION

Thank you so much for the wonderful Winter Collection. Mrs O’Brien, from the Holy Cross Vincent de Paul, was most grateful. When we carried the donations to the church, the line of children stretched from the school to the church and half as much again.

TUCKSHOP NEWS

THERE WILL BE NO TUCKSHOP THIS WEDNESDAY – 15TH AUGUST DUE TO THE EKKA HOLIDAY

TERM 3 ROSTER ATTACHED
HOLY ROSARY SCHOOL
Our sister school in the Parish is Holy Rosary, at Windsor. On the feast of St Mary MacKillop, on 8 August, Archbishop Coleridge announced that from the beginning of 2013, the school would be known as St Mary of the Cross School. This ties in with our own school name. Their motto remains the same, ‘One in Christ’. Their logo will change slightly to include the ‘A’ over ‘M’ which was the original logo of the Sisters of St Joseph who staffed the school for almost fifty years. This group of Sisters was founded by St Mary of the Cross MacKillop. The letters are the initials of ‘Ave Maria’ – ‘Hail Mary’. Mary MacKillop also had three ‘J’s imposed over the A/M, for Jesus, Joseph and John the Baptist, her patrons.

God bless
Sr Anne.

MINI VINNIES WINTER COLLECTION
Thank you for everything that has come in so far. It is a great collection. We will continue for a few more days and then on Wednesday, 8 August, the feast of St Mary MacKillop, who said, ‘Never see a need without doing something about it’, we will present our collection to the Holy Cross St Vincent de Paul. Mrs Berenice O’Brien will accept it on their behalf.

God bless
Sr Anne.

AWARDS
Congratulations to all students who received awards during assembly:
PG      Kiara Mammarella & Justin Toghill
PW     Bijoux Colette & Jack Wilson
1G    Eilidh Evans & Sofia Coco
1W    Zosia Caulton & Alex Finney
2G    Siena McKay & James Hackett
2/3W  Sofia Bell & Riley Edwards
3G    Gabrielle Lambert & Dominic Cutajar
4/5G  Carl Alzate & Inabi Dunn
4/5W  Akanksha Parackal & Sophie Iles
6G    Zoe Eyndhoven & Charles Williamson
7G    Julia Nicotra & Shaun Gray
7W    Niamh Cree & Nick House

Mount Alvernia College
Kedron
Do you have you a daughter who will be in Year 7 in 2016?
Enrolments close 8 February 2013, interviews will be conducted in Term 1, 2013. We also have limited vacancies in Years 7 & 8, 2015.

Enrolment forms are available from the School Office or the Mount Alvernia College website - [www.mta.qld.edu.au](http://www.mta.qld.edu.au) or please contact our Enrolments Officer Jodi Walsh on 3632 8508.

Music Matters
Attention all Senior Band members.
After 18 months of instrumental learning our senior students are ready for their first major competition. We are very proud of how far they have come - their many achievements over the months of early morning starts. We wish them every luck in their representation of Holy Cross music learning. This next big event is only one week away with our first competition at the Queensland Catholic Colleges Music Festival -
Next **Sunday 19th August**
Villanova College - Sixth Ave, Coorparoo.

Please meet at the registration desk **8.20 am**
It is very important that you let us know as soon as possible if you cannot make it. Although it is an early start, you can expect to be travelling home by 9.15.
Finally – now is the time for that extra practise.

COLES VOUCHERS 2012
Thank you for your continued support for our School with the Coles Sports for Schools Program.
If there are any Online Shoppers out there you will need to note Holy Cross School ID **44062** to direct your “online” vouchers to Holy Cross.

Thank you for all of the vouchers being collected from family, friends, and neighbours, -- our voucher tally is climbing! Keep them coming in!

Thank you on behalf of Holy Cross P&F Association
SCHOOL PHOTOGRAPHS

ENVELOPES WILL BE COMING HOME SOON FOR SCHOOL PHOTOGRAPHS TO BE TAKEN ON THURSDAY 6TH SEPTEMBER.

Brisbane Catholic Education has advised schools that they can no longer send school fee accounts or financial information home with students. Accounts must be emailed or posted to parents.

The school’s preferred method is to email the accounts.

Thank you

ASPERGER CENTRE

Family Fun Open Day
Saturday 1st September 2012
11.00 am to 3.00 pm
Official Opening 1.00 pm
Jason Woodforth MP
Professor Tony Attwood
Entertainment for the children & Open Day Activities
Unit 1, 16 Yarraman Place, Virginia
5 min walk from Sunshine Railway Station (Caboolture Line)

Please RSVP your attendance for catering purposes by Wednesday 29 August

office@asperger.asn.au  3865 2911

HOLY CROSS OSCH

This service will NOT be operating on Wednesday 15th August (Ekka Holiday). We are open as usual on Thursday.
Rhonda Wood
Coordinator

GOTCHA CARDS – Week 5

GOTCHA CARDS have been designed to encourage and reward good behaviour in an effort to boost each child’s self esteem and improve the general standard of behaviour at our school.

Well done to all the 'Gotcha Card' recipients who have done a brilliant job of demonstrating our school-wide positive behaviour expectations (Safety, Learning & Respect).

The following children won seats in our assembly Corporate Box:

Kyle Trickey
Domi Aming
Julia Nicotra
Jake Reed-Hussey
Aliana Coco
Alec Richardson
Eilidh Evans
Oliver Davies
Jack Siddle

Also, keep an eye out for our Gotcha Card display in the hallway near the office.

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## TIME OUT

Recommended minimum exclusion periods for infectious conditions for schools, pre-schools and child care centres (NHMRC 2005)

### Children who are physically unwell should stay home from school, pre-school and child care centres

<table>
<thead>
<tr>
<th>Condition</th>
<th>Exclusion of Care (person with infection)</th>
<th>Exclusion of Contacts (person exposed to the case with the infection)</th>
</tr>
</thead>
<tbody>
<tr>
<td>Chickenpox (varicella)</td>
<td>Exclude until all blisters have dried. This is usually at least 5 days after the rash first appeared in immunocompromised children and less in immunised children.</td>
<td>Any child with an immune deficiency (e.g. leukaemia) or receiving chemotherapy should be excluded for their own protection. Otherwise not excluded.</td>
</tr>
<tr>
<td>Cold sores (Herpes simplex)</td>
<td>Young children unable to comply with good hygiene practices should be excluded while sores are weeping (sores should be covered with a dressing where possible).</td>
<td>Not excluded.</td>
</tr>
<tr>
<td>Conjunctivitis</td>
<td>Exclude until discharge from eyes has ceased.</td>
<td>Not excluded.</td>
</tr>
<tr>
<td>Cytomegalovirus (CMV)</td>
<td>Exclusion not necessary.</td>
<td>Not excluded.</td>
</tr>
<tr>
<td>Diarrhoea (including amoebiasis, campylobacter, cryptosporidium, giardiasis, rotavirus, salmonella, shigellosis and viral gastroenteritis)</td>
<td>Exclude until there has been no loose bowel motion for 24 hours. If there are more than 2 cases of diarrhoea notify your nearest Population Health Unit.</td>
<td>Not excluded.</td>
</tr>
<tr>
<td>Glandular fever (Epstein Barr virus (EBV), mononucleosis)</td>
<td>Exclusion not necessary.</td>
<td>Not excluded.</td>
</tr>
<tr>
<td>Haemorrhagic meningitis type b (Hib)</td>
<td>Exclude until appropriate antibiotic treatment has been completed.</td>
<td>Not excluded.</td>
</tr>
<tr>
<td>Hand, foot &amp; mouth</td>
<td>Exclude until all blisters have dried.</td>
<td>Not excluded.</td>
</tr>
<tr>
<td>Head lice</td>
<td>Exclusion is not necessary. Effective treatment is commenced prior to the next attendance day (i.e. the child does not need to be sent home immediately if head lice are detected).</td>
<td>Not excluded.</td>
</tr>
<tr>
<td>Hepatitis A*</td>
<td>Exclude until a medical certificate of recovery is received, but not before 7 days after the onset of jaundice or illness.</td>
<td>Not excluded.</td>
</tr>
<tr>
<td>Hepatitis B</td>
<td>Exclusion not necessary.</td>
<td>Not excluded.</td>
</tr>
<tr>
<td>Hepatitis C</td>
<td>Exclusion not necessary.</td>
<td>Not excluded.</td>
</tr>
<tr>
<td>Influenza and influenza-like illness</td>
<td>Exclude until well.</td>
<td>Not excluded.</td>
</tr>
<tr>
<td>Measles*</td>
<td>Exclude for 4 days after the onset of rash.</td>
<td>Immunised and immune contacts not excluded. Non-immunised contacts of a case are to be excluded until 14 days after the first day of appearance of rash in the last case, unless immunised within 72 hours of first contact during the infectious period with the first case. All immunocompromised children should be excluded until 14 days after the first day of appearance of rash in the last case.</td>
</tr>
<tr>
<td>Meningitis (bacterial)</td>
<td>Exclude until well and has received appropriate antibiotics.</td>
<td>Not excluded.</td>
</tr>
<tr>
<td>Meningitis (viral)</td>
<td>Exclude until well.</td>
<td>Not excluded.</td>
</tr>
<tr>
<td>Meningococcal infection*</td>
<td>Exclude until appropriate antibiotic treatment has been completed.</td>
<td>Not excluded.</td>
</tr>
<tr>
<td>Molluscum contagiosum</td>
<td>Exclusion not necessary.</td>
<td>Not excluded.</td>
</tr>
<tr>
<td>Mumps</td>
<td>Exclude for 9 days or until swelling goes down (whichever is sooner).</td>
<td>Not excluded.</td>
</tr>
<tr>
<td>Norovirus</td>
<td>Exclude until there has not been a loose bowel motion or vomiting for 48 hours.</td>
<td>Not excluded.</td>
</tr>
<tr>
<td>Parvovirus (erythema infectiosum, fifth disease, slapped cheek syndrome)</td>
<td>Exclusion not necessary.</td>
<td>Not excluded.</td>
</tr>
<tr>
<td>Ringworm/lice/scaries</td>
<td>Exclude until the day after appropriate treatment has commenced.</td>
<td>Not excluded.</td>
</tr>
<tr>
<td>Rubella* (German measles)</td>
<td>Exclude until fully recovered or for at least 4 days after the onset of rash.</td>
<td>Not excluded (female staff of childbearing age should check their immunity to rubella with their doctor).</td>
</tr>
<tr>
<td>School sores (impetigo)</td>
<td>Exclude until appropriate antibiotic treatment has commenced (sores or affected areas must be covered with a water-tight dressing).</td>
<td>Not excluded.</td>
</tr>
<tr>
<td>Streptococcal sore throat (including scarlet fever)</td>
<td>Exclude until well and has received antibiotic treatment for at least 24 hours.</td>
<td>Not excluded.</td>
</tr>
<tr>
<td>Thrush (candidiasis)</td>
<td>Exclusion not necessary.</td>
<td>Not excluded.</td>
</tr>
<tr>
<td>Tuberculosis* (TB)</td>
<td>Exclude until a medical certificate is produced from appropriate health authority.</td>
<td>Not excluded.</td>
</tr>
<tr>
<td>Typhoid*, paratyphoid</td>
<td>Exclude until a medical certificate is produced from appropriate health authority.</td>
<td>Not excluded.</td>
</tr>
<tr>
<td>Whooping cough* (pertussis)</td>
<td>Exclude for 5 days after starting appropriate antibiotic treatment or for 21 days from the onset of coughing.</td>
<td>Contacts that live in the same house as the case and have received less than 3 doses of pertussis vaccine are to be excluded from child care until they have had 5 days of an appropriate course of antibiotics. If antibiotics have not been taken, these contacts must be excluded for 21 days after their last exposure to the case where the person was infectious.</td>
</tr>
<tr>
<td>Warts</td>
<td>Exclude if loose warts present.</td>
<td>Not excluded.</td>
</tr>
</tbody>
</table>

*Schools and child care centres should notify the nearest Population Health Unit as soon as possible if children or staff are diagnosed with these conditions.